

FIRST AID ANNUAL REFRESHER



- **Qualification Title:** Level 3 First Aid Annual Refresher RQF
- **Accreditation** - FAA
- **Duration** – 1/2 day (3 hours)
- **Location** – Onsite or nationwide
- **Maximum Group Size** - 12
- **Cost per group/individual** - £495/£65
- **Difficulty** – Easy

COURSE INTRODUCTION - Where a workplace first aid risk assessment identifies a need for a First Aider in the Workplace, this 3-hour qualification meets the requirements of the Health and Safety (First Aid) Regulations 1981 and the Health and Safety (First Aid) Regulations (Northern Ireland) 1982. All learners will have the skills and knowledge to provide their organisation with Emergency First Aiders that can provide treatment to their casualties in a prompt, safe and effective manner.

Complies with employer's statutory requirements

Creates a safer working environment

- Meets employer's legal obligations
- Compliant with Resuscitation Council (UK) Guidelines and conforms to Health and Safety Executive guidelines
- 1-year qualification

Syllabus – A range of subjects are covered including:

- Responsibilities and reporting
- Resuscitation and AED awareness
- Burns
- Assessment of the situation
- Choking
- Dealing with an unresponsive casualty
- Minor injuries
- Basic hygiene in First Aid
- Bleeding control
- Shock

What's Included –

- An accredited and regulated First Aid Annual refresher certificate valid for 1 year
- Comprehensive digital course manual
- Renewal notification prior to course expiry date
- Optional updates and newsletters

Reviews

What to Bring –

- Comfortable clothing and footwear due to the practical nature of the course
- Photographic Identification
- Mobile Phone
- Lunch

FAQs

How many learners can attend? Up to 12 learners can attend. Larger groups can be accommodated for, just let us know.

How is the course assessed? This course is assessed via oral/written questioning and practical scenario assessments.

How long does certification last for? The qualification lasts for a period of 1 year, but refresher training and keeping up to date with changes to policies, procedures, and new legislation through ongoing CPD is vital.

What is the minimum age for this qualification?

This qualification is available to learners aged 14 years or over although a student cannot assume a responsibility in the workplace until they reach the age of 16, and then it is the employer's responsibility to ensure that the student is suitable for that role.

Can the qualification be split into smaller sessions? No

Can this be delivered online? Yes, this can be offered as a distance learning course with all 3 hours delivered online.

Are there any entry requirements? Learners must have the literacy skills to be able to read and write and reference additional resources. In addition, the learner will need access to a computer with a reasonable internet connection in order to access the distance learning resources and communicate with the Trainer/Assessor if a distance learning option is required.

Supporting Courses –

- FAW
- Practical Fire Extinguishers
- Fire Safety



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