

# FIRST AID AT WORK



- **Qualification Title: Level 3 First Aid at Work RQF**
- **Accreditation - FAA**
- **Duration – 3 day (18 hours)**
- **Location – Onsite or nationwide**
- **Maximum Group Size - 12**
- **Cost per group/individual - £1395/£225**
- **Difficulty – Easy**

**COURSE INTRODUCTION** - Where a workplace first aid risk assessment identifies a need for a First Aider in the Workplace, this three-day qualification meets the requirements of the Health and Safety (First Aid) Regulations 1981 and the Health and Safety (First Aid) Regulations (Northern Ireland) 1982. All learners will have the skills and knowledge to provide their organisation with First Aider's that can provide treatment to their casualties in a prompt, safe and effective manner.

## Complies with employer's statutory requirements

### Creates a safer working environment

- Meets employer's legal obligations
- Compliant with Resuscitation Council (UK) Guidelines and conforms to Health and Safety Executive guidelines
- 3-year qualification

### Syllabus – A range of subjects are covered including:

- Legalities, responsibilities, and reporting
- Control of bleeding
- Poisoning
- Asthma
- Dealing with an unresponsive casualty
- Shock (including Anaphylaxis)
- Bandaging
- Diabetes
- Fractures and spinal injuries
- Heart attacks
- Choking
- Stroke
- Resuscitation and AED awareness
- Head injuries
- Eye injuries
- Burns
- Assessment of the situation
- Sprains and strains
- Chest injuries
- Epilepsy

### What's Included –

- An accredited and regulated First Aid at Work certificate valid for 3 years
- Comprehensive digital course manual
- Renewal notification prior to course expiry date
- Optional updates and newsletters

### Reviews

### What to Bring –

- Comfortable clothing and footwear due to the practical nature of the course
- Photographic Identification

- Mobile Phone
- Lunch

### FAQs

**How many learners can attend?** Up to 12 learners can attend. Larger groups can be accommodated for, just let us know.

**How is the course assessed?** This course is assessed via oral/written questioning and practical scenario assessments.

**How long does certification last for?** The qualification lasts for a period of 3 years, but refresher training and keeping up to date with changes to policies, procedures, and new legislation through ongoing CPD is vital. The HSE strongly recommends an annual refresher course to keep skills fresh and in date.

**What is the minimum age for this qualification?** This qualification is available to learners aged 14 years or over although a student cannot assume a responsibility in the workplace until they reach the age of 16, and then it is the employer's responsibility to ensure that the student is suitable for that role.

**Can the qualification be split into smaller sessions?** Yes. A minimum of six contact hours in the classroom, consisting of practical and theoretical activities, plus some pre-course activity could be required. Ideally, the course should be run over three days, but can be spread over a longer time period if you so desire, providing it is completed within 4 weeks of starting the course and the training sessions last for a minimum of two hours.

**Can this be delivered online?** Yes, this can be offered as a distance learning course with 6 hours delivered online and 12 hours face to face classroom style learning.

**Are there any entry requirements?** Learners must have the literacy skills to be able to read and write and reference additional resources. In addition, the learner will need access to a computer with a reasonable internet connection in order to access the distance learning resources and communicate with the Trainer/Assessor if a distance learning option is required.

### Supporting Courses –

- Practical Fire Extinguishers
- Fire Safety



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